



CUMBERLAND  
CITY COUNCIL

NDIS Lifestyle and Leisure Links

# Program Activity Calendar

## *February – May 2024*



Providing assistance with social economic, community participation and group activities in the community.

# Maintaining Safe Practices

This means that Council will:

- Remain in line with Public Health advice and NDIS policy and practice framework and guidelines
- Continue to monitor customer health and infection control by temperature checks and pre program wellness checks
- Maintain a Seniors and Disability Services COVID Safe Business Plan
- Keep the display of relevant signage for safeguards (eg 'knowing the signs', 'safe hand washing' and other information at Council facilities)
- Provide you with up to date information where possible via newsletters, website/email, facebook, or verbally
- Ensure all sinks/bathrooms at the facilities have adequate soap/sanitiser and paper towels for safe hand washing
- Ensure all volunteers/staff have access to the necessary PPE (including hand sanitiser, antibacterial wipes, face masks, gloves to be used when delivering services)
- Notify you if we become aware you are a 'casual contact' or 'close contact' of someone that identifies as having COVID-19. (NB Privacy will need to be maintained so we may not be able to provide the name of person who has the virus).
- We will notify the NDIS Quality and Safeguards Commission of any reportable COVID-19 illness and infection
- Do all that we can to continue to provide services to you, while ensuring the protection of staff, volunteers and customers at all times.
- Staff will be fully vaccinated for COVID-19 (including booster vaccinations).
- Keep a record of attendance and continue to support social distancing for activities and transport

We ask you to do the following:

- Ensure you are and remain compliant with requests that is based on NDIS policy and Public Health advice relevant for people with disability in centre based / community-based group service settings.
- Please notify staff immediately if you have illness symptoms, have been a household contact or close contact for a positive case of COVID-19.
- Notify staff if you believe you are at risk of illness or infection.
- Notify staff if you are unwell and self-isolate
- Please ask staff if you have any concerns or questions around processes and procedures.
- Ensure good hygiene practises
- Follow good social distancing measures (staying 1.5m apart from people where possible) and wear suitable PPE when necessary / as requested

# NDIS Pricing Guide

NDIS Price Guide for 2023/24 in full is at [www.ndis.gov.au/providers/pricing-arrangements](http://www.ndis.gov.au/providers/pricing-arrangements)

Category	NDIS Code/s	Unit Rate	Price
<b>Lifestyle &amp; Leisure Links Program</b>	NDIS Centre Capital Costs	Per hour (Fractioned 1:3)	\$2.44
Assistance with Social Economic and Community Participation	04_599_0136_6_1		\$22.15
Centre Based Activities / Group Activities / Recreational Activities in the Community	Weekday (Standard) 04_102_0136_6_1 T Weeknight (8pm) 04_103_0136_6_1_T Saturday 04_104_0136_6_1_T Sunday 04_105_0136_6_1_T		\$24.40 \$31.16 \$40.18

<b>Seniors and Disability Services</b>	04_591_0136_6_1	Kilometre Distance Travelled	Per Vehicle
Activity Based Transport Fee (NDIS reasonable rate for vehicle hire, running costs, fuel)		(fractioned by passenger number/s) + any tolls or parking fees	97c per km (standard vehicle) \$2.76 per km (bus or accessible vehicle)

**Community, Social and Recreational Activities (contribution for unaffordable program activity cost)** *This support item is designed to enable providers to claim reimbursement for the costs of enabling a participant to independently engage in community, social and recreational activities when costs of participation exceed an affordable level and without, the participant would be at risk of social isolation. Participants may use this funding for activities such as camps, vacation and outside school hours' care, course, or membership fees. This support item can be delivered to individual participants subject to the rules set out in this Price Guide. This support item is not subject to price limits. It should only be used to recover the costs of the participant's attendance at the community social and participation activities.*

Activity Cost	04_210_0125_6_1	Equally Fractioned Amongst Participant Group	As per NDIS Price Guide (not including GST)
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Category	NDIS Code/s	Unit Rate	Price
<b>Community Participation Activities</b>	<i>This support item is designed to enable providers to claim reimbursement for the costs of tuition fees, art classes, sport coaching and similar activities that build a participant's skills and independence.</i>		
Activity Cost	09_011_0125_6_3	Equally Fractioned Amongst Participant Group	As per NDIS Price Guide (not including GST)

**Community Participation Cancellation Fee** *A short notice cancellation fee is applied when a program support is cancelled by the participant without 7 days' notice. A cancellation fee is as per NDIS Pricing Limits and charged at the 100% of the support line item. A fee free cancellation will apply if a replacement customer from the waitlist is applied and ratio of supports are restored to the correct level. In this case the NDIS charge will be applicable just to the replacement customer.*

**Community Participation Establishment Fee** *As per the NDIS Pricing Limits and Arrangements, this fee is applicable when implementing a participants' first NDIS Plan. Within the agreement Council must supply a minimum of 20hrs per month of service for 3 or more consecutive months.*

NDIS Establishment Fee	04_049_0125_1_1 or 01_049_107_1_1	Standard / Anytime	\$654.70
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# Health and Fitness Program

Weekly exercise workout options, ideal for customers seeking healthier life choices.

## 'THE SHREDDERS' Fitness Friday Gym Workout

*Gym Based Sessions (weekly sessions for the same group max 12 people)*

At Council's Ruth Everuss Fitness Centre (Lidcombe). Sessions will be on Fridays and are aimed for those keen to become **healthier**, more **active** and achieve some **weight loss**.

### Dates

February	9, 16, 23
March	1, 8, 15, 22
April	5, 12, 19, 26
May	3, 10, 17, 24, 31

**Activity Cost:** \$30 per week and includes a healthy lunch.

**Meeting Point and Times:** Cumberland City Council - 16 Memorial Ave Merrylands at 9:30am.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Transport will be provided home from 1:30pm onwards.

**Wear:** Active wear, joggers plus bring a water bottle and towel.

**NDIS Fee:** Community Based Group 1:3 (weekday standard rate) for the time you are in service with rostered staff, plus the service transport fee.

## 'ACTIVE AQUA' Water Aerobics Wednesday Workouts

*Sessions throughout Summer / Autumn / Spring only  
Weekly Sessions (max 12 people per session)*

At either Granville Swim Centre or Council's Ruth Everuss Fitness Centre (Lidcombe). Exclusive sessions just for group member in the Program Pool. Flexible access for those keen to become HEALTHIER, more ACTIVE and achieve some WEIGHT LOSS.

### Dates

February	21, 28
March	6, 13, 20, 27
April	3, 10, 17, 24

**Activity Cost:** \$25 per session and includes a healthy dinner.

**Meeting Point and Times:** Cumberland City Council - 16 Memorial Ave Merrylands at 4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 9:00pm onwards.

**Wear:** Casual clothes, swimmers plus bring a water bottle and towel

**NDIS Fee:** A Program Pool Hire and Group Instructor Fee may apply as an extra applicable NDIS cost. If applicable this charge will be billed as an 'unaffordable NDIS cost'. The program hourly rate for this program is Community Based Group 1:3 (weeknight rate) for the time you are service with rostered staff, plus the service transport fee.

# Fabulous and Fresh Cooking Lessons

## 'Creative Cultural Cooking' Thursday Night Classes

*Practicing Safe Food Preparation and Cooking Skills  
(max 10 people per session)*

### Dates

February	15, 22, 29
March	7, 14, 21, 28
April	4, 11, 18
May	2, 9, 16, 23, 30

**Activity Cost:** \$15 per session to cover ingredient costs.

**Meeting Point and Times:** Cumberland City Council - 16 Memorial Ave Merrylands at 4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 9:00pm onwards.

**Wear:** Casual clothes and bring an apron.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, plus the service transport fee.



# February Programs

## Friday Evening 23 February

### Line Dancing Session

At Council

**Activity Cost:** FREE just bring a plate of food to share.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
5:30pm to 8:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Limited transport will be provided home from 8:00pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, shared costs for facilitator fee, plus the service transport fee.

## Saturday Evening 24 February

### Bee Gees Tribute Show

Starlight Room at Wenty Leagues

**Activity Cost:** \$45 for ticket, snacks and drink costs. **Please have dinner prior to coming out.**

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
6:00pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 5:45pm onwards. Transport will be provided home from 10:00pm onwards.

**Wear:** Smart casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Saturday rate) for the time you are in service with staff, plus the service transport fee.



# March Programs

## Friday Evening 1 March

### Cultural Dance Night

At Council -  
Celebrating Harmony Day 2024

**Activity Cost:** FREE just bring a plate of food to share.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
5:30pm to 8:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Limited transport will be provided home from 8:00pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, plus the service transport fee.

## Saturday Evening 2 March

### Karaoke and Dinner with Friends

Greystanes Inn

**Activity Cost:** \$35 for dinner and drink costs.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
5:00pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 5:15pm onwards. Transport will be provided home from 9:30pm onwards.

**Wear:** Smart casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Saturday rate) for the time you are in service with staff, plus the service transport fee.

## Friday Evening 15 March

### Easter Craft Session

At Council

**Activity Cost:** FREE just bring a plate of food to share.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
5:00pm to 8:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:00pm onwards. Limited transport will be provided home from 8:45pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, shared costs for facilitator fee, plus the service transport fee.

## Sunday 17 March

### Paddle Boating and BBQ

At Audley

**Activity Cost:** \$35 includes boat hire and lunch costs.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
9:30am.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Transport will be provided home from 3:30pm onwards.

**Wear:** Casual Clothes and enclosed shoes. Bring a hat, sunscreen and water bottle.

**NDIS Fee:** Community Based Group 1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee.

# March Programs

## Tuesday 19 March

### Lend a Helping Hand Day

Come and Try Volunteering with Nutrition Services – Delivering Meals to people in need across the Cumberland LGA

**Activity Cost:** FREE just bring your own packed lunch.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
10:00am.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:30am onwards. Transport will be provided home from 1:30pm onwards if required.

**Wear:** Casual clothes and covered shoes.

**NDIS Fee:** Community Based Group 1:3 (Weekday rate) for the time you are in service with staff.

## Friday 22 March

### Royal Easter Show

At Sydney Olympic Park

**Activity Cost:** \$30 includes ticket entry cost. **Bring a packed lunch and bring extra spending money for showbags and rides.**

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
5:00pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Limited transport will be provided home from 4:30pm onwards.

**Wear:** Casual clothes and comfortable walking shoes.

**NDIS Fee:** Community Based Group 1:3 (Weekday rate) for the time you are in service with staff, plus the service transport fee.

**Bring your OPAL Card for any public transport travel and your Carer Companion Card for the ticket purchase.**

## Sunday 24 March

### Royal Easter Show

At Sydney Olympic Park

**Activity Cost:** \$30 includes ticket entry cost. **Bring a packed lunch and bring extra spending money for showbags and rides.**

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
9:30am to 4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Limited transport will be provided home from 4:30pm onwards.

**Wear:** Casual clothes and comfortable walking shoes.

**NDIS Fee:** Community Based Group 1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee.

**Bring your OPAL Card for any public transport travel and your Carer Companion Card for the ticket purchase.**

## Tuesday Evening 26 March

### Sports Night and Pizza

At Pemulwuy Tennis and Basketball Court

**Activity Cost:** \$15 includes court hire costs and dinner costs. **Equipment will be provided.**

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 8:00pm onwards.

**Wear:** Casual clothes and joggers. Bring a water bottle.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.





# April Programs

## Friday Evening 5 April

### Dinner with Friends

Cumberland Golf Club  
Restaurant Night Out

**Activity Cost:** \$35 for dinner and drink costs.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 8:30pm onwards.

**Wear:** Smart casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

## Saturday 6 April

### Pottery Gift Making Session

At Fairfield Museum

**Activity Cost:** FREE just bring a packed lunch.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
9:30am.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Transport will be provided home from 3:00pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Saturday rate) for the time you are in service with staff, NDIS Capital Cost fee, shared costs for facilitator fee, plus the service transport fee.

# April Programs

## Friday Evening 12 April

### Program Planning Session

Program Consultation (June-September Calendar Events)

**Activity Cost:** FREE dinner will be provided for everyone on the night.

**Meeting Point and Times:** Cumberland City Council - 16 Memorial Ave Merrylands at 5:00pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Transport will be provided home from 8:30pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, Centre Capital Fee, plus the service transport fee.

## Saturday 13 April

### Pottery Gift Making Session

At Fairfield Museum

**Activity Cost:** FREE just bring a packed lunch

**Meeting Point and Times:** Cumberland City Council - 16 Memorial Ave Merrylands at 9:30am.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Transport will be provided home from 3:00pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Saturday rate) for the time you are in service with staff, NDIS Capital Cost fee, shared costs for facilitator fee, plus the service transport fee.

## Tuesday Evening 16 April

### Indoor Games Night

At Council

**Activity Cost:** FREE just bring a plate of food to share.

**Meeting Point and Times:** Cumberland City Council - 16 Memorial Ave Merrylands from 5:30pm to 8:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Limited transport will be provided home from 8:45pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, plus the service transport fee.

## Friday Evening 19 April

### Friday Night Footy – Eels v Dolphins

At Council - FREE on the Big Screen

**Activity Cost:** FREE just bring a plate of food to share.

**Meeting Point and Times:** Cumberland City Council - 16 Memorial Ave Merrylands at 6:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 6:00pm onwards. Transport will be provided home from 10:00pm onwards.

**Wear:** Come dressed in your team apparel.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, plus the service transport fee.

# April Programs

## Sunday 21 April

### Sydney Zoo

Daytrip

**Activity Cost:** \$35 includes ticket entry cost. **Bring a packed lunch and water bottle.**

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
9:30am to 3:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Limited transport will be provided home from 3:00pm onwards.

**Wear:** Casual clothes and comfortable walking shoes

**NDIS Fee:** Community Based Group 1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee.

**Bring your Carer Companion Card for the ticket purchase.**

## Friday Evening 26 April

### Dessert Making Session

At Council

**Activity Cost:** FREE just bring a plate of food to share.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
5:30pm to 8:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Limited transport will be provided home from 8:45pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, plus the service transport fee.

## Tuesday Evening 30 April

### Laser Tag and Bowling

At Bowlarama Wetherill Park

**Activity Cost:** \$35 includes activity costs and dinner.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 9:45pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.



# May Programs

## Wednesday Evening 1 May

### Swim and Spa

At the new Parramatta Leisure Centre Pools

**Activity Cost:** \$30 includes pool entry costs and dinner.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 9:15pm onwards.

**Wear:** Warm casual clothes. Bring your swimmers and a towel.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

## Friday Evening 3 May

### Pink Tribute Show

At Smithfield RSL

**Activity Cost:** \$45 for ticket, snacks and drink costs. **Please have dinner prior to coming out.**

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
6:00pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 5:45pm onwards. Transport will be provided home from 10:00pm onwards.

**Wear:** Smart casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

## Sunday 5 May

### Rocks Markets

Shopping Daytrip

**Activity Cost:** \$50 toward shopping purchases. **Bring a packed lunch and water bottle.**

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
9:30am to 3:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Limited transport will be provided home from 3:00pm onwards.

**Wear:** Casual clothes and comfortable walking shoes.

**NDIS Fee:** Community Based Group 1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee.

**Bring your OPAL Card for public transport travel.**

## Tuesday Evening 7 May

### Laser Tag and Bowling

At Bowlarama Wetherill Park

**Activity Cost:** \$35 includes activity costs and dinner.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands at  
4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 9:45pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

# May Programs

## Friday Evening 10 May

### Aqua Golf

At Penrith

**Activity Cost:** \$30 includes activity costs and dinner.

#### Meeting Point and Times:

Cumberland City Council -  
16 Memorial Ave Merrylands at  
4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 9:30pm onwards.

**Wear:** Warm casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

## Saturday Evening 11 May

### Star Gazing Tour

At the Observatory Museum

**Activity Cost:** \$35 covers the tour cost. **Please have dinner prior to coming out.**

#### Meeting Point and Times:

Cumberland City Council -  
16 Memorial Ave Merrylands at  
6:00pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 5:00pm onwards. Transport will be provided home from 10:15pm onwards.

**Wear:** Warm casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Saturday rate) for the time you are in service with staff, plus the service transport fee.

## Friday Evening 17 May

### Girls Night In – Pampering Session

At Council

**Activity Cost:** FREE just bring a plate of food to share.

#### Meeting Point and Times:

Cumberland City Council -  
16 Memorial Ave Merrylands at  
5:30pm – 8:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Limited transport will be provided home from 8:45pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, plus the service transport fee.

## Sunday 19 May

### NRL Game – Parramatta Eels v Melbourne Storm

Magic Round: Local Live Site Viewing

**Activity Cost:** \$30 covers food and drinks

#### Meeting Point and Times:

Cumberland City Council -  
16 Memorial Ave Merrylands at  
2:00pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 2:15pm onwards. Transport will be provided home from 6:00pm onwards.

**Wear:** Come dressed in your team apparel.

**NDIS Fee:** Community Based Group 1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee.

# May Programs

## Friday Evening 24 May

### Vivid Light Cruise

With Captain Cook Cruises

**Activity Cost:** \$30 for the boat cruise. **Please have dinner prior to coming out.**

#### Meeting Point and Times:

Cumberland City Council -  
16 Memorial Ave Merrylands at  
5:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 5:45pm onwards. Transport will be provided home from 10:00pm onwards.

**Wear:** Smart casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

**Bring snacks to have whilst onboard the cruise.**

## Sunday 26 May

### Come and Try Community Gardening

At Auburn Centre for  
Community

**Activity Cost:** FREE includes a picnic lunch. **Bring a water bottle.**

#### Meeting Point and Times:

Cumberland City Council -  
16 Memorial Ave Merrylands at  
9:30am.

**Transport:** Limited transport will be available for participants that require pick up from home from 9:45am onwards. Transport will be provided home from 2:30pm onwards.

**Wear:** Casual Clothes.

**NDIS Fee:** Community Based Group 1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee.

**Gardening equipment will be supplied.**

## Tuesday Evening 28 May

### Mystery Movie Night

At Reading Cinemas

**Activity Cost:** \$35 for movie costs and snacks. **Please have dinner prior to coming out.**

#### Meeting Point and Times:

Cumberland City Council - 16  
Memorial Ave Merrylands at  
5:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 5:45pm onwards. Transport will be provided home from 10:30pm onwards.

**Wear:** Smart casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

## Wednesday Evening 29 May

### Boys Night Out

At Western Sydney Speedway

**Activity Cost:** \$35 for ticket cost and dinner

#### Meeting Point and Times:

Cumberland City Council -  
16 Memorial Ave Merrylands at  
4:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 10:00pm onwards.

**Wear:** Warm casual clothes.

**NDIS Fee:** Community Based Group 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.

# May Programs

## Friday Evening 31 May

### Zumba Dance Session

At Council

**Activity Cost:** FREE just bring a plate of food to share.

**Meeting Point and Times:**  
Cumberland City Council -  
16 Memorial Ave Merrylands from  
5:30pm to 8:30pm.

**Transport:** Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Limited transport will be provided home from 8:00pm onwards.

**Wear:** Casual clothes.

**NDIS Fee:** Centre Based Group 1:3 (Weeknight rate) for the time you are in service with staff, NDIS Capital Cost fee, shared costs for facilitator fee, plus the service transport fee.









CUMBERLAND  
CITY COUNCIL

**Cumberland City Council**

16 Memorial Avenue, PO Box 42, Merrylands NSW 2160.

**T** 8757 9000 **W** [cumberland.nsw.gov.au](http://cumberland.nsw.gov.au) **E** [council@cumberland.nsw.gov.au](mailto:council@cumberland.nsw.gov.au)

**f** Cumberland City Council Sydney **@** [cumberlandcitycouncil](https://www.instagram.com/cumberlandcitycouncil)