

# The Press for Help Initiative

## PERSONAL MOBILE ALARM INFORMATION PACK

#### **OVERVIEW**

Press for Help is a Cumberland City Council initiative that will provide subsidised mobile personal alarms to socially isolated or at risk seniors in the Cumberland Local Government Area. The alarms can be programmed with up to 5 contacts of your choice, this is so if you ever have a fall, become lost or are having any other personal emergency where you need help, you can press the SOS button and it will immediately send your GPS location to your nominated contacts. The personal mobile alarms can help users feel safe and secure, both at home and in the community, and can be used without the need for internet connection, landline or a mobile phone.

#### **FEATURES**



Registers up to 5 contacts of your choice - these can be family, friends or even 000. When the SOS button is pressed, the alarm will call each contact 1 by 1 until someone answers.



If your friends or family are worried about you, they can send a text message with the word 'Loc' to the alarm requesting its location. Remember, only people who have your alarms contact number can do this.

Geo Fencing - The alarms geo fencing option allows concerned families, friends or carers to set a perimeter boundary for people who are at risk of wandering. This means if the person using the alarm travels outside that boundary, the nominated contacts will be alerted.



2-way "hands-free" voice communication with high quality, easy to hear audio - The alarm has an allocated mobile number which means it can receive incoming calls, and answers calls automatically after two rings. You can also make calls from your alarm pendant, it works like a mobile phone without the added features.



Automatic fall detection - The alarm will start beeping if someone's fallen and can't move. If the person doesn't stop the alarm by pressing the SOS button, it then uses GPS and Google maps to pin point your location and send a "fall alert" text to your contacts immediately.



Speed dial button - If you aren't experiencing an emergency but still want to get in touch with someone, for example you're out and start to feel sick and you want to be picked up, there is a little button on the side of the alarm pendant that will speed dial your first nominated contact.



Waterproof - Wear your alarm pendant in the shower or in the rain without the worry.

### **CHARGING, MAINTENANCE AND ONGOING COSTS**



The alarm is rechargeable and can fully recharge in just 25 minutes. A fully charged battery will last up to 48 hours.



The personal mobile alarm is easy to use and maintain. You will receive instructions with your alarm. No maintenance or upkeep is required. The alarm is covered by a 12 month warranty for any faults or technical issues within this timeframe.



There are no monthly monitoring fees. The only ongoing cost you will need to pay is \$45 per year after the first year, this pays for unlimited calls and texts.