



Expression of Interest **Recipe Book**

Cumberland City Council is seeking young cooks to submit healthy recipes that can be displayed into a healthy cookbook. This cookbook is designed to encourage healthy eating habits and will be displayed in an online form for all to view.

The recipe book will be divided into five categories:

- 1** Breakfast
- 2** Lunch & Dinner
- 3** Deserts
- 4** Snacks
- 5** Drinks

Criteria

- Applicant must be between the ages of 12-25
- Applicant must Work, Study, Live or frequent the Cumberland Local Government Area.

How to submit?

You can submit as many recipes as you wish and must submit the entries to Stephanie McElroy by **Monday 31 July 2023** at stephanie.mcelroy@cumberland.nsw.gov.au.

This is an Expression of Interest only. For more information please contact Stephanie McElroy on **8757 9784** or stephanie.mcelroy@cumberland.nsw.gov.au.

Applicant Details

These details will **not be displayed** in the cookbook.

First name			
Last name			
Residential City		Year of birth	
Email			

Optional Information

If you would like to add any of the below **to be displayed on your recipe**, please fill out.

Name	
Blurb about why you chose this or why it's special to you	

Declaration

Only sign if you filled out the **optional section**. Please print full name

Over 16	Under 16
I _____ agree to having the information shared on my recipe page of the book.	I _____ agree to having my child's information shared on their recipe page of the book.
Signature	

Recipe Information Checklist

Please send the recipe along with the EOI. The recipe must include the things below.

Name of recipe	Ingredients
Category you would like the recipe in	Step by Step recipe details
Preparation time	Additional Dietary information such as if the recipe is vegetarian, gluten free, halal, contains nuts etc
Cook time	
Serving size	Photo of recipe