

NDIS Lifestyle & Leisure Links Form

Program Activity Calendar for June - September 2025



CUMBERLAND
CITY COUNCIL

STAY ACTIVE, STAY HEALTHY, STAY CONNECTED

COMPLETE AND RETURN EITHER:

Via Postage or In-Person:

Cumberland City Council
16 Memorial Ave Merrylands

Via Email

paul.spiteri@cumberland.nsw.gov.au

Submit booking form by Monday 2 June 2025

FIRST NAME:

SURNAME:

Ten Pin Bowling Tournament

Presentation Night - Zone Bowling Centre - Villawood

Yes

No

Note:

New 2025/26 Ten Pin Bowling Tournament - Zone Bowling Centre - Blacktown/Villawood

Yes

No

Note:

Health & Fitness Program

'ACTIVE AQUA' Water Aerobics Wednesday Workouts -
At Granville Swim Centre / Ruth Everuss Swim Centre

Yes

No

Note:

'THE SHREDDERS' Fitness Friday Weekly Gym Workout - Ruth Everuss Fitness Centre

Yes

No

Note:

Fabulous & Fresh Cooking Lessons

'Creative Cultural Cooking' Thursday Night Classes
Weekly sessions, practicing skills of independence, safe food handling and cooking
skills at Merrylands Community Centre

Yes

No

Note:

Leisure Options - June to September 2025

Wednesday evening, 18 June		State of Origin Night: NSW Blues v QLD Maroons on the BIG SCREEN at Council
Yes	No	Note:
Saturday evening, 28 June		Grease Tribute Music Show at Blacktown Workers Club
Yes	No	Note:
Friday evening, 18 July		Elvis Tribute Festival at Canterbury Hurlstone Park RSL
Yes	No	Note:
Friday evening, 25 July		Music Jamming Session - Interactive Session at Council
Yes	No	Note:
Sunday, 27 July		Christmas in July Party at Coolibah Hotel
Yes	No	Note:
Tuesday, 29 July		Mystery Movie Day at Parramatta
Yes	No	Note:
Thursday evening, 31 July		Live NRL Game at COMMBANK Stadium
Yes	No	Note:
Friday evening, 1 August		Program Planning Night - Consultation Session for our October 2025 – January 2026 Calendar
Yes	No	Note:
Saturday evening, 2 August		Dinner with Friends at a Mediterranean Restaurant Night
Yes	No	Note:

Leisure Options - June to September 2025 continued

Saturday evening, 6 August		Swim Session at Ruth Everuss Aquatic Centre
Yes	No	Note:
Friday, 22 August		Sydney Cherry Blossom Festival at Auburn Botanical Gardens
Yes	No	Note:
Wednesday, 27 August		Bingo Games Day at Guildford Leagues
Yes	No	Note:
Friday evening, 29 August		Zumba Dance Night
Yes	No	Note:
Sunday, 31 August		Gardening Session and BBQ at Auburn Centre forCommunity
Yes	No	Note:
Ssturday, 6 September		Sydney Rowers Club at Abbotsford
Yes	No	Note:
Friday evening, 12 September		Aqua Golf & Arcade Games at Panthers
Yes	No	Note:
Friday evening, 19 September		Tennis & Pizza Night at Greystanes
Yes	No	Note:
Friday, 26 September		Madame Tussauds at Darling Harbour
Yes	No	Note:
Sunday, 28 September		Taronga Zoo Daytrip
Yes	No	Note: