

NDIS Lifestyle & Leisure Links Form

Program Activity Calendar for June to September 2026



CUMBERLAND
CITY COUNCIL

STAY ACTIVE, STAY HEALTHY, STAY CONNECTED

COMPLETE AND RETURN EITHER

Via Postage or In-Person:

Cumberland City Council
16 Memorial Ave Merrylands

Via Email:

paul.spiteri@cumberland.nsw.gov.au

Submit booking form by no later than Thursday 11 June 2026

FIRST NAME:

SURNAME:

Ten Pin Bowling Tournament

2026 Bowling Tournament

Yes	No	Note:
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Health & Fitness Program

'ACTIVE AQUA' Water Aerobics Wednesday Workouts

Yes	No	Note:
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'THE SHREDDERS' Fitness Friday Gym Workout

Yes	No	Note:
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Fabulous & Fresh Cooking Lessons

'Creative Cultural Cooking' Thursday Night Classes

Yes	No	Note:
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Leisure Options - June to September 2026

Friday Evening 26 June		Mystery Ferry Trip
Yes	No	Note:
Sunday 28 June		BBQ Bowls & Beats
Yes	No	Note:
Friday Evening 3 July		Christmas In July
Yes	No	Note:
Sunday 12 July		The Tay Tay Tribute Show
Yes	No	Note:
Thursday Evening 16 July		The Greatest Showman Circus
Yes	No	Note:
Saturday 18 July		Toy Story 5
Yes	No	Note:
Saturday 25 July		Ultimate Elvis Show
Yes	No	Note:
Friday Evening 31 July		Program Planning Night
Yes	No	Note:
Friday Evening 7 August		Zumba Dance Night
Yes	No	Note:
Saturday 15 August		NRL Game – Eels vs Cowboys
Yes	No	Note:
Friday Evening 21 August		Dinner & Karaoke Night
Yes	No	Note:
Friday Evening 28 August		Tennis & Pizza Night
Yes	No	Note:

Leisure Options - June to September 2026

Sunday 30 August		Liverpool Powerhouse Visit
Yes	No	Note:
Friday Evening 4 September		Dinner with Friends
Yes	No	Note:
Sunday 13 September		Fish & Chips
Yes	No	Note:
Friday Evening 18 September		Line Dancing Party
Yes	No	Note:
Friday Evening 25 September		Mini Golf
Yes	No	Note:
Saturday 26 September		Sydney Fish Markets
Yes	No	Note: