

NDIS Lifestyle & Leisure Links Form

Program Activity Calendar for October 2026 to January 2027



CUMBERLAND
CITY COUNCIL

STAY ACTIVE, STAY HEALTHY, STAY CONNECTED

COMPLETE AND RETURN EITHER

Via Postage or In-Person:

Cumberland City Council
16 Memorial Ave Merrylands

Via Email:

paul.spiteri@cumberland.nsw.gov.au

Submit booking form by no later than Thursday 1 October 2026

FIRST NAME:

SURNAME:

Ten Pin Bowling Tournament

Bowling Tournament

☐ Yes

☐ No

Note:

Health & Fitness Program

'ACTIVE AQUA' Water Aerobics Wednesday Workouts

☐ Yes

☐ No

Note:

'THE SHREDDERS' Fitness Friday Gym Workout

☐ Yes

☐ No

Note:

Fabulous & Fresh Cooking Lessons

'Creative Cultural Cooking' Thursday Night Classes

☐ Yes

☐ No

Note:

Music Workshop & Performance Showcase

Showcasing Ability

☐ Yes

☐ No

Note:

Dress Rehearsal Performance

☐ Yes

☐ No

Note:

Christmas Carols Performance

☐ Yes

☐ No

Note:

Leisure Options - June to September 2026

Sunday 1 November

Halloween Themed Disco Party

☐ Yes

☐ No

Note:

Friday Evening 6 November

Grease vs Rocky Horror Music Mash-Up Show

☐ Yes

☐ No

Note:

Saturday Evening 14 November

Stardust Circus

☐ Yes

☐ No

Note:

Saturday Evening 21 November

Aussie Icon Music Concert

☐ Yes

☐ No

Note:

Friday Evening 4 December

Christmas Craft

☐ Yes

☐ No

Note:

Saturday Evening 5 December

Dinner with Friends & Christmas Lights Trip

☐ Yes

☐ No

Note:

Thursday Evening 10 December

Program Planning Night

☐ Yes

☐ No

Note:

Saturday Evening 12 December

Christmas Carols

☐ Yes

☐ No

Note:

Leisure Options - June to September 2026

Tuesday 15 December		Lend a Helping Hand
☐ Yes	☐ No	Note:
Thursday 17 December		Lend a Helping Hand
☐ Yes	☐ No	Note:
Friday Evening 18 December		Celebration Christmas Party
☐ Yes	☐ No	Note:
Friday 15 January		Plane Spotting & Picnic
☐ Yes	☐ No	Note:
Sunday 17 January		Tram Museum Visit
☐ Yes	☐ No	Note:
Sunday 17 January		Paddle Boating & BBQ
☐ Yes	☐ No	Note:
Tuesday 19 January		Home & Away Sight Seeing Tour
☐ Yes	☐ No	Note:
Friday Evening 22 January		Dinner with Friends at Concord Club
☐ Yes	☐ No	Note:
Friday Evening 22 January		Dinner with Friends at Cricketers Arms Hotel
☐ Yes	☐ No	Note:
Sunday 24 January		Paddy's Markets Trip
☐ Yes	☐ No	Note:
Friday Evening 29 January		Dance Party Night
☐ Yes	☐ No	Note: