



CUMBERLAND
CITY COUNCIL

NDIS Lifestyle & Leisure Links

Providing assistance with social economic, community participation and group activities in the community.

Program Activity Calendar *October 2026 – January 2027*



STAY ACTIVE, STAY HEALTHY, STAY CONNECTED

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Maintaining Safe Practices

This means that Council will:

- Remain in line with Public Health advice and NDIS policy and practice framework and guidelines
- Continue to monitor customer health and infection control by temperature checks and pre-program wellness checks.
- Maintain a Seniors & Disability Services Continuity / Safe Business Plan.
- Do all that we can to continue to provide services to you, while ensuring the protection of staff, volunteers and customers at all times.
- Keep the display of relevant signage for safeguards (eg 'safe hand washing' and other information at Council facilities)
- Provide you with up to date information where possible via newsletters, website/email, facebook, or verbally.
- Ensure all sinks/bathrooms at the facilities have adequate soap/sanitiser and paper towels for safe hand washing
- Ensure all volunteers/staff have access to the necessary PPE (including hand sanitiser, antibacterial wipes, face masks, gloves to be used when delivering services)
- We will notify the NDIS Quality & Safeguards Commission of any reportable incidents.

We ask you to do the following:

- Ensure you are and remain compliant with requests that is based on NDIS policy and Public Health advice relevant for people with disability in centre based / community-based group service settings.
- Please notify staff immediately if you have illness symptoms.
- Notify staff if you believe you are at risk of illness or infection.
- Notify staff if you are unwell and required to self-isolate
- Please ask staff if you have any concerns or questions around processes and procedures.
- Ensure good hygiene practises and use / wear suitable PPE when necessary / as requested.

**STAY ACTIVE,
STAY HEALTHY,
STAY CONNECTED**

NDIS Pricing Guide

Category	NDIS Code/s	Unit Rate	Price
Lifestyle & Leisure Links Program	Weekday (Standard) 04_102_0136_6_1	Per hour (Fractioned 1:3)	\$24.52
Assistance with Social Economic and Community Participation	Weeknight (8pm) 04_103_0136_6_1		\$27.02
	Saturday 04_104_0136_6_1		\$34.51
Centre Based Activities / Group Activities / Community Based Pursuits	Sunday 04_105_0136_6_1		\$44.50
	NDIS Centre Capital Costs 04_599_0136_6_1	Per hour	\$2.71
Social Inclusion Program	Weekday (Standard) 04_102_0136_6_1	Per hour (Fractioned 1:4)	\$18.39
Assistance with Social Economic and Community Participation	Weeknight (8pm) 04_103_0136_6_1	Per hour	\$20.26
	NDIS Centre Capital Costs 04_599_0136_6_1		\$2.71
Centre Based Activities / Group Activities / Community Based Pursuits			
Assistance with Daily Living Self-Care Activities (Shopping Assistance)	01_011_0107_1	Per hour	\$73.58

Cumberland City Council Seniors & Disability NDIS Fees Schedule

NDIS Pricing Arrangements and Limits Guide

Category	NDIS Code/s	Unit Rate	Price
Nutrition Services Assistance with Daily Living (Preparation and Delivery of Meals)	Weekday 01_023_0120_1_1	Each	<i>As per Council's Fees & Charges 2026/27</i> \$10.40
Seniors & Disability Services (Standard) Activity Based Transport Fee (NDIS reasonable rate for vehicle hire, running costs, fuel)	04_591_0136_6_1 04_799_0136_6_1	Per Vehicle Kilometre Distance Travelled (fractioned by passenger number/s)	Per Vehicle 99c per km (standard vehicle) \$2.76 per km (bus or accessible vehicle) + any tolls or parking fees
Non-Direct Services (Provider Travel Non-Labour Costs)		Per hour	<i>As per program fractioned line item rate (weekday/ weeknight/ weekend)</i>

Category	NDIS Code/s	Unit Rate	Price
Community, Social and Recreational Activities (contribution for unaffordable program activity cost) <i>This support item is designed to enable providers to claim reimbursement for the costs of enabling a participant to independently engage in community, social and recreational activities when costs of participation exceed an affordable level and without, the participant would be at risk of social isolation. Participants may use this funding for activities such as camps, vacation and outside school hours' care, course, or membership fees. This support item can be delivered to individual participants subject to the rules set out in this Price Guide. This support item is not subject to price limits. It should only be used to recover the costs of the participant's attendance at the community social and participation activities.</i>			
Activity Cost	04_210_0125_6_1	Equally Fractioned Amongst Participant Group	As per NDIS Price Guide (not including GST)

Community Participation Activities

This support item is designed to enable providers to claim reimbursement for the costs of tuition fees, art classes, sport coaching and similar activities that build a participant's skills and independence.

Activity Cost	09_011_0125_6_3	Equally Fractioned Amongst Participant Group	As per NDIS Price Guide (not including GST)
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Category	NDIS Code/s	Unit Rate	Price
Community Participation Cancellation Fee <i>A short notice cancellation fee is applied when a program support is cancelled by the participant without 7 days' notice. A cancellation fee is as per NDIS Pricing Limits and charged at the 100% of the support line item. A fee free cancellation will apply if a replacement participant from the waitlist is applied and ratio of supports are restored to the correct level. In this case the NDIS charge will be applicable just to the replacement participant.</i>			
Community Participation Establishment Fee <i>As per the NDIS Pricing Limits and Arrangements, this fee is applicable when implementing a participants' first NDIS Plan. Within the agreement Council must supply a minimum of 20hrs per month of service for 3 or more consecutive months.</i>			
NDIS Establishment Fee	04_049_0136_1_1	Standard	As per NDIS Price Guide (not including GST)



NDIS Pricing Arrangements updates are maintained in full at:
www.ndis.gov.au/providers/pricing-arrangements

Ten Pin Bowling Tournament

Bowling Tournament



How much is it?

\$35 to cover game & dinner costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 4:45pm onwards.
Transport will be provided home
from 8:15pm onwards.



What to wear?

Casual clothes and enclosed shoes.

Dates:

3, 24 November

1 December

19 January

Location:

Zone Bowling Blacktown /
Fairfield 7 / 10 Split

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus the
service transport fee.



Accessible



Health & Fitness Program

'ACTIVE AQUA' Water Aerobics Wednesday Workouts

Sessions throughout Summer / Autumn / Spring at Granville Swim Centre.



How much is it?

\$20 per session. Bring your own meal, otherwise bring an additional twenty dollars toward purchasing a healthy meal after the class.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes, swimmers plus bring a water bottle and towel.

Dates:

21, 28 October

11, 18 November

9, 16 December

20, 27 January

Location:

Granville Swim Centre

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus the
service transport fee.

Exercise workout options, ideal for customers seeking healthier life choices.

‘THE SHREDDERS’ Fitness Friday Gym Workout

At Council’s Ruth Everuss Fitness Centre (Lidcombe). Sessions and are aimed for those keen to become HEALTHIER, more ACTIVE and achieve some WEIGHT LOSS.



How much is it?

\$20 per session. Bring your own lunch, otherwise bring an additional fifteen dollars toward purchasing a healthy lunch after the class. including purchasing a healthy lunch.



Where to meet?

Cumberland City Council - 16 Memorial Ave Merrylands at 9:30am.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 9:45am onwards. Transport will be provided home from 1:30pm onwards.



What to wear?

Active wear, joggers plus bring a water bottle and towel.

Dates:

23, 30 October

6, 13, 20, 27 November

4, 11 December

Location:

Ruth Everuss Fitness Centre (Lidcombe)

NDIS Fee:

Group Based Activity 1:3 (Weekday rate) for the time you are in service with staff, plus the service transport fee.



Accessible

Fabulous & Fresh Cooking Lessons

'Creative Cultural Cooking' Thursday Night Classes

Practicing safe food preparation and cooking skills.



How much is it?

\$15 per session to cover ingredient costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands
at 4:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:15pm onwards. Transport will be provided home from 8:15pm onwards.



What to wear?

Casual clothes and bring an apron.

Dates:

22, 29 October

5, 12, 19, 26 November

3, 17 December

14, 21, 28 January

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus
the service transport fee.
A NDIS capital cost fee
will be applicable being
an onsite program.



Recipes:

October 22	Peri Peri Chicken and Rice Tray Bake
October 29	Ginger Teriyaki Beef Noodles
November 5	Beef Koftas & Couscous Tabbouleh
November 12	Smokey Chicken & Roast Veggie Couscous
November 19	Easy Baked Italian Chicken Risoni
November 26	Chicken, Mash and Veggies with Creamy Peppercorn Sauce
December 3	Beef Koftas & Homemade Flatbreads
December 17	Portuguese Chicken Wraps
January 14	Salmon Tacos
January 21	Pork Rissoles & Cheesy Fries
January 28	Lamb Burgers with Tzatziki & Chips

Music Workshop & Performance Showcase

Showcasing Ability

Music workshops with Sound Expression leading to a performance at the Community Carols event.



How much is it?

\$20 per session to contribute toward the Music Facilitator costs.

Dinner will be provided at each session.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands
at 5:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Transport will be provided home from 8:15pm onwards.



What to wear?

Casual clothes.

Dates:

13, 20, 27 November

11 December

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus
the service transport fee.
A NDIS capital cost fee
will be applicable being
an onsite program.



Accessible

November and December 2026

Dress Rehearsal Performance



How much is it?

FREE (includes lunch).



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands
at 11am.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Transport will be provided home
from 1:30pm onwards.



What to wear?

Themed t-shirt for the performance
will be provided.

Dates:

3 December

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus
the service transport fee.
A NDIS capital cost fee
will be applicable being
an onsite program.



Accessible

Music Workshop & Performance Showcase

Christmas Carols Performance



How much is it?

FREE.

Have dinner prior to coming out.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands
at 5:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 5:45pm onwards. Transport will be provided home from 9pm onwards.



What to wear?

Themed t-shirt for the performance will be provided.

Dates:

12 December

Location:

Auburn Botanic Gardens

NDIS Fee:

Group Based Activity
1:3 (Saturday rate) for
the time you are in
service with staff, plus
the service transport fee.

December 2026



Various Leisure Pursuits

Halloween Themed Disco Party



How much is it?

\$30 includes entertainment, food and beverages.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
11am.

OR

Coolibah Hotel Function Room -
25 Sherwood Rd Merrylands West
11:30am to 2:30pm



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 10:45am onwards. Transport will be provided home from 2:45pm onwards.



What to wear?

'Halloween Theme'.

Dates:

Sunday 1 November

Location:

Coolibah Hotel

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee if required.



Accessible

Grease vs Rocky Horror Music Mash-Up Show



How much is it?

\$65 covers ticket cost, snacks and drinks. Have dinner prior to coming out.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
6pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 6:15pm onwards. Transport will be provided home from 10:30pm onwards.



What to wear?

Smart casual clothes.

Dates:

Friday Evening
6 November

Location:

Panthers

NDIS Fee:

Group Based Activity 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.



Accessible

Remember to bring your Carer Companion Card and ID for your Club entry.

Various Leisure Pursuits

Stardust Circus



How much is it?

\$40 covers ticket cost, snacks and drinks. Have dinner prior to coming out.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
6pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 6:15pm onwards. Transport will be provided home from 11pm onwards.



What to wear?

Smart casual clothes.

Dates:

Saturday Evening
14 November

Location:

Warriewood

NDIS Fee:

Group Based Activity 1:3
(Saturday rate) for the
time you are in service
with staff, plus the
service transport fee.



Accessible

Aussie Icon Music Concert



How much is it?

\$40 covers ticket cost, snacks and drinks. Have dinner prior to coming out.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
6pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 6:15pm onwards. Transport will be provided home from 11pm onwards.



What to wear?

Smart casual clothes.

Dates:

Saturday Evening
21 November

Location:

Blacktown Workers

NDIS Fee:

Group Based Activity 1:3
(Saturday rate) for the
time you are in service
with staff, plus the
service transport fee.



Accessible

Remember to bring your ID for your Club entry.

Various Leisure Pursuits

Christmas Craft



How much is it?

\$25 includes gift making dinner and drinks



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Transport will be provided home from 8:45pm onwards.



What to wear?

Casual clothes.

Dates:

Friday Evening
4 December

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus
the service transport fee.
A NDIS capital cost fee
will be applicable being
an onsite program.



Accessible

Dinner with Friends & Christmas Lights Trip



How much is it?

\$50 includes dinner, drinks and dessert.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 5:15pm onwards.
Transport will be provided home
from 9:45pm onwards.



What to wear?

Smart casual clothes.

Dates:

Saturday Evening
5 December

Location:

Mediterranean Restaurant

NDIS Fee:

Group Based Activity 1:3
(Saturday rate) for the
time you are in service
with staff, plus the service
transport fee.



Accessible

Various Leisure Pursuits

Program Planning Night

Consultation Session for our February – May 2027 Program Calendar.



How much is it?

FREE dinner will be provided.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 4:30pm onwards.
Transport will be provided home
from 8:30pm onwards.



What to wear?

Casual clothes.

Dates:

Thursday Evening
10 December

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus
the service transport fee.
A NDIS capital cost fee
will be applicable being
an onsite program.



Accessible

**Support our Christmas Hamper Appeal
for the Cumberland Well Being Project.
Connect, Support & Care by donating some
non-perishable food items.**

Christmas Carols



How much is it?

FREE. Have dinner prior to coming out.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 5:45pm onwards.
Transport will be provided home
from 9:30pm onwards.



What to wear?

Casual clothes.

Dates:

Saturday Evening
12 December

Location:

Auburn Botanic Gardens

NDIS Fee:

Group Based Activity 1:3
(Saturday rate) for the
time you are in service
with staff, plus the
service transport fee.



Accessible

Bring a blanket or fold up chair.

Various Leisure Pursuits

Lend a Helping Hand

Volunteer Work: Supporting the Community with Meal Deliveries.



How much is it?

FREE bring a packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 9am onwards. Transport will be provided home from 1:30pm onwards.



What to wear?

Casual clothes and comfortable walking shoes.

Dates:

Tuesday 15 December

Location:

Merrylands

NDIS Fee:

Group Based Activity 1:3 (Weekday rate) for the time you are in service with staff, plus the service transport fee if required.

Lend a Helping Hand

Volunteer Work: Wellbeing Project Outreach Support Day.



How much is it?

FREE bring a packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am.



Will there be any transport?

Limited transport will be available
for participants that require pick
up from home from 9am onwards.
Transport will be provided home
from 1:30pm onwards.



What to wear?

Casual clothes and comfortable
walking shoes.

Dates:

Thursday 17 December

Location:

Merrylands

NDIS Fee:

Group Based Activity 1:3
(Weekday rate) for the
time you are in service
with staff, plus the
service transport fee if
required.

Various Leisure Pursuits

Celebration Christmas Party



How much is it?

\$25 contribution cost for dinner, drinks and entertainment.



Where to meet?

17 Miller Street Merrylands at 5pm. Everyone is welcome



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:15pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes.

Dates:

Friday Evening
18 December

Location:

The Holroyd Centre

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in service with staff, plus the service transport fee. A NDIS capital cost fee will be applicable being an onsite program.



Accessible

Plane Spotting & Picnic



How much is it?

FREE bring a packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Limited transport will be provided
home from 2pm onwards.



What to wear?

Casual clothes.

Dates:

Friday 15 January

Location:

WSI Airport

NDIS Fee:

Group Based Activity 1:3
(Weekday rate) for the
time you are in service
with staff, plus the service
transport fee.

Various Leisure Pursuits

Tram Museum Visit



How much is it?

\$20 includes entry, tram ride.
Bring a packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Limited transport will be provided
home from 2:30pm onwards.



What to wear?

Casual clothes and comfortable
walking shoes. Bring a hat,
sunglasses and sunblock.

Dates:

Sunday 17 January

Location:

Loftus

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for the
time you are in service
with staff, plus the service
transport fee.



Accessible



January 2027

Please choose one for this day

Paddle Boating & BBQ



How much is it?

\$40 includes boat hire and lunch



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Limited transport will be provided
home from 3pm onwards.



What to wear?

Casual clothes and comfortable
walking shoes. Bring a hat,
sunglasses and sunblock.

Dates:

Sunday 17 January

Location:

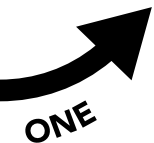
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NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for the
time you are in service
with staff, plus the service
transport fee.



Accessible



Various Leisure Pursuits



Home & Away Sight Seeing Tour



How much is it?

FREE bring a packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am.



Will there be any transport?

Limited transport will be available
for participants that require pick
up from home from 9am onwards.
Transport will be provided home
from 2pm onwards.



What to wear?

Smart Casual clothes and
comfortable walking shoes.

Dates:

Tuesday 19 January

Location:

Palm Beach

NDIS Fee:

Group Based Activity 1:3
(Weekday rate) for the
time you are in service
with staff, plus the
service transport fee if
required.

Various Leisure Pursuits

Dinner with Friends



How much is it?

\$50 includes dinner, drinks and dessert.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 4:45pm onwards.
Transport will be provided home
from 9:30pm onwards.



What to wear?

Smart casual clothes.

Dates:

Friday Evening
22 January

Location:

Concord Club

NDIS Fee:

Group Based Activity 1:3
(Weeknight rate) for the
time you are in service
with staff, plus the
service transport fee.



Accessible



January 2027

Please choose one for this day

Dinner with Friends



How much is it?

\$35 includes dinner and drinks.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 4:45pm onwards.
Transport will be provided home
from 9pm onwards.



What to wear?

Smart casual clothes.

Dates:

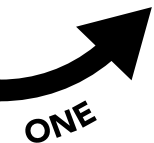
Friday Evening
22 January

Location:

Cricketers Arms Hotel

NDIS Fee:

Group Based Activity 1:3
(Weeknight rate) for the
time you are in service
with staff, plus the
service transport fee.



Various Leisure Pursuits

Paddy's Markets Trip



How much is it?

Consider bringing up to \$75 to cover your shopping experience. Bring a packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am to 3:30pm.



Will there be any transport?

Travel will be by train to the
markets.



What to wear?

Casual clothes and comfortable
walking shoes.

Dates:

Sunday 24 January

Location:

Haymarket

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for the
time you are in service
with staff.

Bring your OPAL Card.

Dance Party Night



How much is it?

FREE bring a plate of food to share.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm to 8:30pm.



Will there be any transport?

Make your own way for this activity.



What to wear?

Casual clothes.

Dates:

Friday Evening
29 January

Location:

Council

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are
in service with staff. A
NDIS capital cost fee will
be applicable being an
onsite program.

For new membership enquires,
please contact Council's Seniors & Disability Services
Access & Inclusion Team on 8757 9152.

**STAY ACTIVE,
STAY HEALTHY,
STAY CONNECTED**



CUMBERLAND
CITY COUNCIL

Cumberland City Council

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