



CUMBERLAND
CITY COUNCIL

NDIS Lifestyle & Leisure Links

Providing assistance with social economic, community participation and group activities in the community.

Program Activity Calendar *February – May 2025*





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Maintaining Safe Practices

This means that Council will:

- Remain in line with Public Health advice and NDIS policy and practice framework and guidelines.
- Continue to monitor customer health and infection control by temperature checks and pre program wellness checks.
- Maintain a Seniors & Disability Services COVID Safe Business Plan.
- Keep the display of relevant signage for safeguards (eg 'knowing the signs', 'safe hand washing' and other information at Council facilities).
- Provide you with up to date information where possible via newsletters, website/email, facebook, or verbally.
- Ensure all sinks/bathrooms at the facilities have adequate soap/sanitiser and paper towels for safe hand washing.
- Ensure all volunteers/staff have access to the necessary PPE (including hand sanitiser, antibacterial wipes, face masks, gloves to be used when delivering services).
- Notify you if we become aware you are a 'casual contact' or 'close contact' of someone that identifies as having COVID-19. (NB Privacy will need to be maintained so we may not be able to provide the name of person who has the virus).
- We will notify the NDIS Quality & Safeguards Commission of any reportable COVID-19 illness and infection.
- Do all that we can to continue to provide services to you, while ensuring the protection of staff, volunteers and customers at all times.
- Staff will be fully vaccinated for COVID-19 (including booster vaccinations).
- Keep a record of attendance and continue to support social distancing for activities and transport.

We ask you to do the following:

- Ensure you are and remain compliant with requests that is based on NDIS policy and Public Health advice relevant for people with disability in centre based / community-based group service settings.
- Please notify staff immediately if you have illness symptoms, have been a household contact or close contact for a positive case of COVID-19.
- Notify staff if you believe you are at risk of illness or infection.
- Notify staff if you are unwell and self-isolate.
- Please ask staff if you have any concerns or questions around processes and procedures.
- Ensure good hygiene practises.
- Follow good social distancing measures (staying 1.5m apart from people where possible) and wear suitable PPE when necessary / as requested.

NDIS Pricing Guide

NDIS Pricing Updates are maintained at:
www.ndis.gov.au/providers/pricing-arrangements/pricing-updates

Cumberland City Council Seniors & Disability NDIS Fees Schedule NDIS Pricing Arrangements and Limits Guide

Category	NDIS Code/s	Unit Rate	Price
Lifestyle & Leisure Links Program	NDIS Centre Capital Costs 04_599_0136_6_1	Per hour (Fractioned 1:3)	\$2.53
Assistance with Social Economic and Community Participation	Weekday (Standard) 04_102_0136_6_1		\$22.52
	Weeknight (8pm) 04_103_0136_6_1		\$24.81
Centre Based Activities / Group Activities / Recreational Activities in the Community	Saturday 04_104_0136_6_1		\$31.69
	Sunday 04_105_0136_6_1		\$40.86
Social Inclusion Program	NDIS Centre Capital Costs 04_599_0136_6_1	Per hour	\$2.53
Assistance with Social Economic and Community Participation	Weekday (Standard) 04_102_0136_6_1	Per hour (Fractioned 1:4)	\$16.89
	Weeknight (8pm) 04_103_0136_6_1		\$18.60
Centre Based Activities / Group Activities / Recreational Activities in the Community			

Category	NDIS Code/s	Unit Rate	Price
Assistance with Self-Care Activities	Weekday Daytime 01_011_0107_1_1	Per hour	\$67.56
Shopping Assistance			
Nutrition Services	Weekday 01_023_0120_1_1	Each	As Per Council's Fees & Charges 2024/25
Assistance with Daily Living Preparation and Delivery of Meals			\$10.10
Seniors & Disability Services	04_591_0136_6_1	Kilometre Distance Travelled	Per Vehicle
Activity Based Transport Fee (NDIS reasonable rate for vehicle hire, running costs, fuel)		(fractioned by passenger number/s) + any tolls or parking fees)	99c per km (standard vehicle) \$2.76 per km (bus or accessible vehicle)

Category	NDIS Code/s	Unit Rate	Price
Community, Social and Recreational Activities (contribution for unaffordable program activity cost)			
This support item is designed to enable providers to claim reimbursement for the costs of enabling a participant to independently engage in community, social and recreational activities when costs of participation exceed an affordable level and without, the participant would be at risk of social isolation. Participants may use this funding for activities such as camps, vacation and outside school hours' care, course, or membership fees. This support item can be delivered to individual participants subject to the rules set out in this Price Guide. This support item is not subject to price limits. It should only be used to recover the costs of the participant's attendance at the community social and participation activities.			
Activity Cost	04_210_0125_6_1	Equally Fractioned Amongst Participant Group	As per NDIS Price Guide (not including GST)

Community Participation Activities

This support item is designed to enable providers to claim reimbursement for the costs of tuition fees, art classes, sport coaching and similar activities that build a participant's skills and independence.

Activity Cost	09_011_0125_6_3	Equally Fractioned Amongst Participant Group	As per NDIS Price Guide (not including GST)
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Community Participation Cancellation Fee

A short notice cancellation fee is applied when a program support is cancelled by the participant without 7 days' notice. A cancellation fee is as per NDIS Pricing Limits and charged at the 100% of the support line item. A fee free cancellation will apply if a replacement customer from the waitlist is applied and ratio of supports are restored to the correct level. In this case the NDIS charge will be applicable just to the replacement customer.

Community Participation Establishment Fee

As per the NDIS Pricing Limits and Arrangements, this fee is applicable when implementing a participants' first NDIS Plan. Within the agreement Council must supply a minimum of 20hrs per month of service for 3 or more consecutive months.

NDIS Establishment Fee	04_049_0136_1_1	Standard / Anytime	\$675.60
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Ten Pin Bowling Tournament

Tuesday Night Monthly Competition at Zone Bowling



How much is it?

\$30 per session to cover game & dinner costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 8:15pm onwards.



What to wear?

Casual clothes, shoes and socks.

Dates:

25 February

25 March

29 April

27 May

Max 12 people per session

Location:

Zone Bowling Centre
(Villawood / Blacktown)

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee.



Health & Fitness Program

Fortnightly exercise workout options,
ideal for customers seeking healthier life choices.

'ACTIVE AQUA' Water Aerobics Wednesday Workouts

At either Granville Swim Centre or Council's Ruth Everuss Fitness Centre (Lidcombe). Exclusive sessions just for group member in the Program Pool. Flexible access for those keen to become HEALTHIER, more ACTIVE and achieve some WEIGHT LOSS.

Dates:

5 March

2 April

19 March

16 April

Max 7 people per session

Location:

Cumberland City Council Swim Centre (Granville / Lidcombe)

NDIS Fee:

Group Based Activity 1:3 (Weeknight rate) for the time you are in service with staff, plus the service transport fee.



How much is it?

\$35 per session including purchasing a healthy dinner.



Where to meet?

Cumberland City Council - 16 Memorial Ave Merrylands at 4:15pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes, swimmers plus bring a water bottle and towel.

'THE SHREDDERS' Fitness Friday Gym Workout

At Council's Ruth Everuss Fitness Centre (Lidcombe). Sessions will be on Fridays and are aimed for those keen to become HEALTHIER, more ACTIVE and achieve some WEIGHT LOSS.

Dates:

21, 28 February

7, 14, 21, 28 March

4, 11 April

2, 9, 16, 23, 30 May

Weekly sessions for the same group max 7 people

Location:

Lidcombe

NDIS Fee:

Group Based Activity 1:3 (Weekday rate) for the time you are in service with staff, plus the service transport fee.



How much is it?

\$35 per session including purchasing a healthy lunch.



Where to meet?

Cumberland City Council - 16 Memorial Ave Merrylands at 9:30am.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 9:45am onwards. Transport will be provided home from 1:45pm onwards.



What to wear?

Active wear, joggers plus bring a water bottle and towel.



Fabulous & Fresh Cooking Lessons

'Creative Cultural Cooking' Thursday Night Classes

Practicing safe food preparation and cooking skills.



How much is it?

\$15 per session to cover ingredient costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:15pm onwards. Transport will be provided home from 8:00pm onwards.



What to wear?

Casual clothes and bring an apron.

Dates:

27 February

6, 13, 20, 27 March

3, 10, 17, 24 April

1, 8, 15, 22, 29 May

Max 12 people per session

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff, plus
the service transport
fee. A NDIS capital cost
fee will be applicable
being an onsite
program.



Program Consultation Session

Customer Satisfaction Survey & Program Planning
(June - September 2025)



How much is it?

FREE dinner will be provided.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 4:30pm onwards.
Transport will be provided home from
8:30pm onwards.



What to wear?

Casual clothes.

When:

Friday Evening,
28 February

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee. A NDIS
capital cost fee will be
applicable being an
onsite program.



Historical Tram Museum Visit*



How much is it?

\$35 for Tram Ride and BBQ lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am to 3:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Limited transport will be provided
home from 3:00pm onwards if required.



What to wear?

Casual clothes, comfortable walking
shoes, hat, sunblock & water bottle.

When:

Sunday, 2 March

Location:

Loftus

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for
the time you are in
service with staff,
plus the service
transport fee.

Paddle Boating & BBQ*



How much is it?

\$35 for Boat Hire and BBQ lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am to 3:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Limited transport will be provided
home from 3:00pm onwards if required.



What to wear?

Casual clothes, enclosed shoes, hat,
sunblock & water bottle.

When:

Sunday, 2 March

Location:

Audley

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for
the time you are in
service with staff,
plus the service
transport fee.

*Please choose between Historical Tram Museum Visit
or Paddle Boating & BBQ

*Please choose between Historical Tram Museum Visit
or Paddle Boating & BBQ

Tennis & Pizza Night



How much is it?

\$25 includes court hire and dinner costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes, joggers and bring a water bottle.

When:

Friday Evening,
7 March

Location:

Central Gardens
Tennis Courts

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee.

Katoomba Daytrip

Scenic Sightseeing Tour.



How much is it?

FREE bring a packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am to 3:00pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 9:45am onwards. Limited transport will be provided home from 2:30pm onwards if required.



What to wear?

Casual clothes.

When:

Friday, 21 March

Location:

Katoomba

NDIS Fee:

Group Based Activity
1:3 (Weekday rate) for
the time you are in
service with staff,
plus the service
transport fee.

Craft Gift Making Session



How much is it?

\$25 includes craft items and dinner costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes.

When:

Friday Evening,
28 March

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee. A NDIS
capital cost fee will be
applicable being an
onsite program.

Karaoke and Dance Party



How much is it?

\$40 includes entertainment and lunch costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
11:00am.

OR

Coolibah Hotel - 25 Sherwood Road
Merrylands West from
11:30am to 2:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 10:30am onwards. Limited transport will be provided home from 2:45pm onwards.



What to wear?

Casual clothes.

When:

Sunday, 30 March

Location:

Coolibah Hotel

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for
the time you are in
service with staff,
plus the service
transport fee if
required.

Mystery Movie Night



How much is it?

\$15 includes snacks, drinks and dinner costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:00pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes.

When:

Friday Evening,
4 April

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee. A NDIS
capital cost fee will be
applicable being an
onsite program.

Easter Craft Session



How much is it?

\$25 includes craft items and dinner costs.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:45pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes.

When:

Friday Evening,
11 April

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee. A NDIS
capital cost fee will be
applicable being an
onsite program.

Royal Easter Show



How much is it?

\$75 includes Show Ticket and limited Rides and Showbags plus lunch cost.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am to 3:00pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Limited transport will be provided
home from 3:15pm onwards if required.

Bring your OPAL Card as we may need
to use Public Transport.



What to wear?

Casual clothes, comfortable walking
shoes, hat, sunblock & water bottle.

When:

Sunday, 13 April

Location:

Sydney Olympic Park

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for
the time you are in
service with staff,
plus the service
transport fee if
required.



Lend a Helping Hand Day

Come & Try Volunteering with Nutrition Services – Delivering Meals to people in need across the Cumberland LGA



How much is it?

FREE just bring your own packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
10:00am.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 9:30am onwards. Transport will be provided home from 1:30pm onwards if required.



What to wear?

Casual clothes & enclosed shoes.

When:

Tuesday, 15 April

Location:

Cumberland LGA

NDIS Fee:

Group Based Activity 1:3 (Weekday rate) for the time you are in service with staff, plus the service transport fee if required.

Group Based Activity 1:3 (Sunday rate) for the time you are in service with staff, plus the service transport fee if required.

Music Tribute Show at Wenty Leagues

The John Farnham & Olivia Newton John Tribute Concert.



How much is it?

\$40 includes ticket costs, drinks and snacks. Please have dinner prior to coming out.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
6:00pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 6:15pm onwards. Transport will be provided home from 10:45pm onwards.



What to wear?

Smart casual clothes.

When:

Saturday Evening,
26 April

Location:

Wenty Leagues

NDIS Fee:

Group Based Activity 1:3 (Saturday rate) for the time you are in service with staff, plus the service transport fee.

Music Tribute Show at Lyric Theatre

The Michael Jackson Tribute.



How much is it?

Ticketing ranges from \$75 - \$140.
Please have something to eat prior to coming out.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
11:45am.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 12noon onwards.
Transport will be provided home from
3:15pm onwards.



What to wear?

Smart casual clothes.

When:

Sunday, 4 May

Location:

Lyric Theatre

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for
the time you are in
service with staff,
plus the service
transport fee.

Outback Steakhouse Restaurant



How much is it?

\$50 includes dinner, drinks and dessert.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
4:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 4:45pm onwards.
Transport will be provided home from
8:15pm onwards.



What to wear?

Smart casual clothes.

When:

Friday Evening,
9 May

Location:

Wentworthville

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee.

Indoor Games Night



How much is it?

FREE just bring a plate of food to share for dinner.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:00pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 4:30pm onwards. Transport will be provided home from 8:30pm onwards.



What to wear?

Casual clothes.

When:

Friday Evening,
16 May

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee.

Friday Night Footy

Eels v Manly on the BIG SCREEN at Council.



How much is it?

FREE just bring a plate of food to share for dinner.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm.



Will there be any transport?

Limited transport will be available for participants that require pick up from home from 5:45pm onwards. Transport will be provided home from 9:45pm onwards.



What to wear?

Casual clothes.

When:

Friday Evening,
23 May

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee.

Windsor Markets Daytrip

Shopping Experience.



How much is it?

\$50 plus bring your own packed lunch.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
9:30am.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 9:45am onwards.
Transport will be provided home from
2:15pm onwards.



What to wear?

Casual clothes, comfortable walking
shoes, hat & water bottle.

When:

Sunday, 25 May

Location:

Windsor Markets

NDIS Fee:

Group Based Activity
1:3 (Sunday rate) for
the time you are in
service with staff,
plus the service
transport fee.

Nail Art Pampering Session



How much is it?

FREE just bring a plate of food to share
for dinner.



Where to meet?

Cumberland City Council -
16 Memorial Ave Merrylands at
5:30pm.



Will there be any transport?

Limited transport will be available
for participants that require pick up
from home from 4:30pm onwards.
Transport will be provided home from
8:30pm onwards.



What to wear?

Casual clothes.

When:

Friday Evening,
30 May

Location:

Merrylands

NDIS Fee:

Group Based Activity
1:3 (Weeknight rate)
for the time you are in
service with staff,
plus the service
transport fee.

**For new membership bookings,
please contact Council's Seniors & Disability Services
Access & Inclusion Team on 8757 9152.**



**CUMBERLAND
CITY COUNCIL**

Cumberland City Council

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