



CUMBERLAND
CITY COUNCIL

**FREE
MEAL**

The Wellbeing Project

Connect, Support, Care

The Wellbeing Project is a welcoming weekly outreach where you can connect with others, enjoy a FREE meal, access shower and laundry facilities, share a chat over tea or coffee, and receive referrals to support services.

For more information contact
Council on **02 8757 9000**

WHEN:

Thursdays, 10am to 12noon

WHERE:

**Merrylands Memorial Park,
26 Treves St, Merrylands**

In partnership with:



Cumberland City Council

16 Memorial Avenue, PO Box 42, Merrylands NSW 2160

T 8757 9000 W www.cumberland.nsw.gov.au E council@cumberland.nsw.gov.au

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